



Place a check mark in the column accordingly to the level of assistance required per activity. If you checked three (3) or more activities needing assistance, you may qualify for Care Strategies Assisted Living Program.

ADLS/IADLs	Requires No Assistance	Some Assistance Needed	Complete Assistance Needed	Not Applicable
Bathing				
Dressing				
Grooming				
Oral Care				
Toileting				
Transferring				
Walking				
Climbing Stairs				
Eating				
Shopping				
Cooking				
Managing Medications				
Uses the Phone				
Housework				
Laundry				
Driving				
Managing Finances				
Totals				